



FOR LONG LIFE[®]

CATALOG 2026

"TAKE CARE OF YOUR BODY.
IT'S THE ONLY PLACE YOU HAVE TO LIVE IN."



FOR LONG LIFE Inc. is an international company founded by Antonin Tony Spirit, dedicated to health, lifestyle, longevity, and quality of life.

We unite industry leaders, scientists, and researchers from around the world to develop unique epigenetic nutraceuticals and supplements that support human health and cellular balance.

Our FDA-registered production is based in Florida, USA, and we use healing mushrooms and herbs grown exclusively on our own plantations to ensure purity, potency, and sustainability.

In September 2016, our founder proudly represented For Long Life at the **Aesthetic and Anti-Aging Medicine European Congress (AMEC)** in Paris, organized by Euromedicom. During this prestigious event, our flagship product **Light of Life** was honored with the Trophy for **Best Anti-Aging & Healthy Product**, recognizing our commitment to innovation and excellence in natural health and longevity.





LIGHT OF LIFE

Healthy-Aging Support

Inspired by Nobel Prize-Winning Research

Formulated with Cycloastragenol, a powerful telomerase activator.

Scientific research has shown that one of the primary causes of aging is the shortening of telomeres — the protective caps at the ends of our DNA strands.

LIGHT OF LIFE helps **maintain and restore telomere length**, supporting natural cell renewal and longevity.

By activating the enzyme telomerase, it helps to **slow down telomere shortening and promotes healthy cell division**— contributing to overall vitality and graceful aging.

SUPPLEMENT FACTS

Recommended intake: 2 softgels daily

Content: 120 softgels / 60 days supply





DIALESS

Support for Healthy Glucose Metabolism

DIALESS is designed to support individuals with impaired **glucose metabolism** and to promote **balanced energy levels** throughout the day.

It contributes to the normal energy metabolism, the immune system function, and the normal function of the nervous system.

DIALESS combines advanced epigenetic nutrients that help the body **naturally regulate blood sugar levels** and maintain metabolic balance.

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 after lunch and 2 after dinner)

Content: 120 vegan capsules / 30 days supply





IMMUBOO

Immune Booster

IMMUBOO contains 100% natural double extracts from medicinal mushrooms, combined with brown maca and a unique blend of vegan probiotics.

It has been **independently tested** at the University of Louisville, Department of Pathology by Vaclav Vetvicka, PhD.

CLINICAL FINDINGS:

- 1 Antibody production** increased by 200–300%.
- 2 Cellular immune activity** (phagocytosis) increased by 30–40%.
- 3** A mild increase (5–10%) in **stem cell production** was also confirmed.

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 capsules in the morning and 2 capsules in the evening)
Content: 120 vegan capsules / 30 days supply





PROSTATOOL

Support for Prostate Health

The active substances in PROSTATOOL are formulated to support the **reconstruction and strengthening of the urinary system**, particularly the urethra.

HEALTH BENEFITS

- Helps reduce inflammatory reactions associated with urinary discomfort
 - Supports reconstruction of urinary tract walls
 - Aids in reducing frequent or urgent urination
- Promotes healthy blood microcirculation in the affected areas

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 in the morning and 2 in the evening)
Content: 120 vegan capsules / 30 days supply





GOUTTOOL

Support for Gout and Arthritis

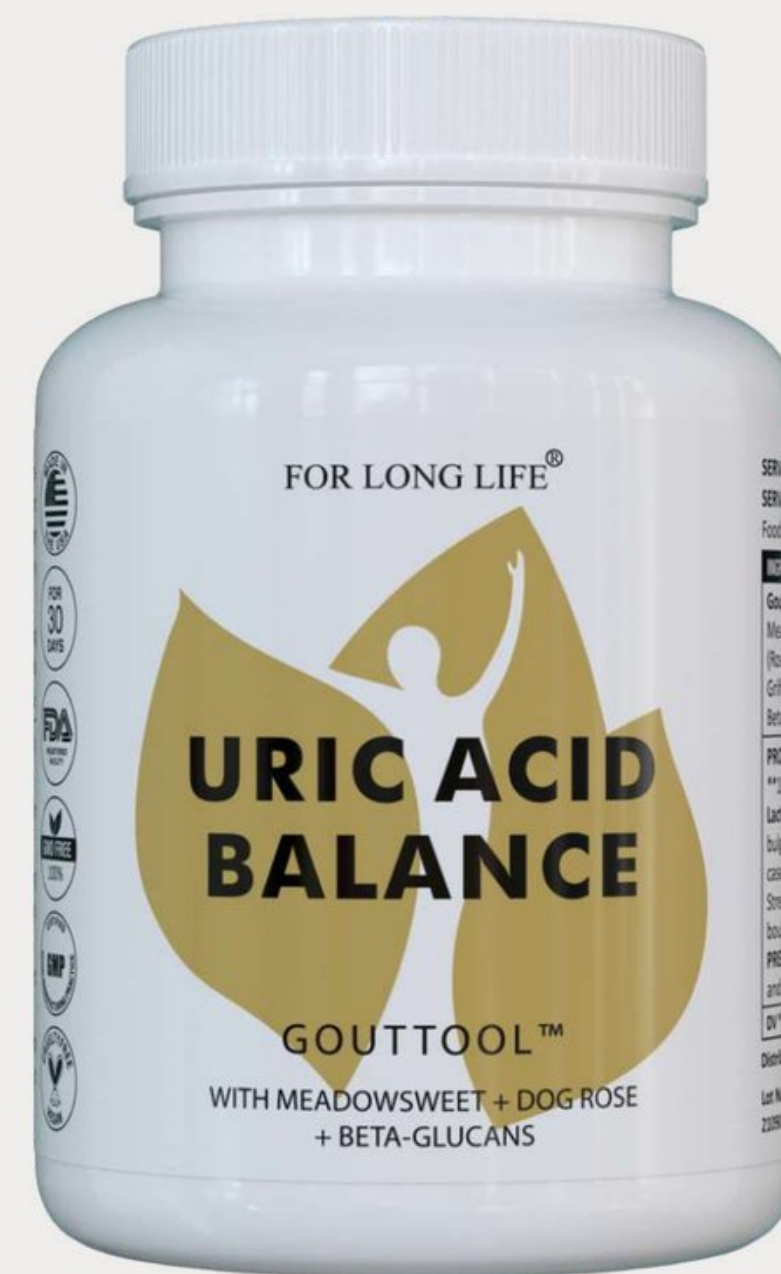
The active substances in GOUTTOOL help **reduce body acidification** and assist in **dissolving and eliminating excess uric acid**, including crystalline deposits on joint surfaces.

HEALTH BENEFITS

- Helps relieve painful inflammatory reactions associated with uric acid buildup
- Supports healthy blood microcirculation in affected areas
 - Contributes to the reinforcement of kidney function
- Supports harmonization of micro-mineral balance in the body

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 in the morning and 2 in the evening)
Content: 120 vegan capsules / 30 days supply





HEARTTOOL

Heart and Cardiovascular Support

HEART TOOL combines natural enzymes, plant extracts, and antioxidants that help **protect the heart and blood vessels** from oxidative stress. It supports **healthy circulation**, promotes **elastic and clear arteries**, and helps maintain **balanced blood pressure** and **optimal oxygen delivery** throughout the body.

HELP WITH THE FOLLOWING:

- Atherosclerotic vascular disease
- Hypertension (high blood pressure)
 - Ischemic heart disease
- Venous and arterial thrombosis
 - Varicose veins
 - Stroke

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 in the morning and 2 in the evening)

Content: 120 vegan capsules / 30 days supply





HMC

Heavy Metal Cleaner

HMC is a proprietary blend of extracted medicinal mushrooms that acts as a **natural biosorbent**, supporting the gentle **detoxification** of the **body and brain** from toxins and heavy metals.

It functions as an immunomodulator to help maintain and restore **natural immunity**, while its antioxidant compounds **protect cells** from free radical damage.

Regular use of HMC helps promote deep **internal cleansing**, balanced **metabolism**, and improved **cellular nutrition**, while **supporting the liver, kidneys, and other organs** in their detoxifying roles.

HMC is non-toxic even in higher doses and is suitable for children from 3 years of age.

SUPPLEMENT FACTS

Recommended intake:

Adults: 2 teaspoons daily (morning & evening)

Children (3–15 years): ½ teaspoon once daily after a meal

Mix the powder with water, juice, or smoothie and consume immediately.

Content: 30 g / 30 days supply





MAKE U HAPPY

Food for Happiness

Sleep Better • Heal Better

We didn't want to create another antidepressant — because we believe that's not the right path.

Instead, we searched for natural sources of serotonin in plants, fruits, and herbs — and after years of research, we found the perfect blend.

MAKE U HAPPY helps your body **naturally produce its own L-tryptophan, serotonin, and melatonin**, supporting emotional balance, deep sleep, and inner recovery.

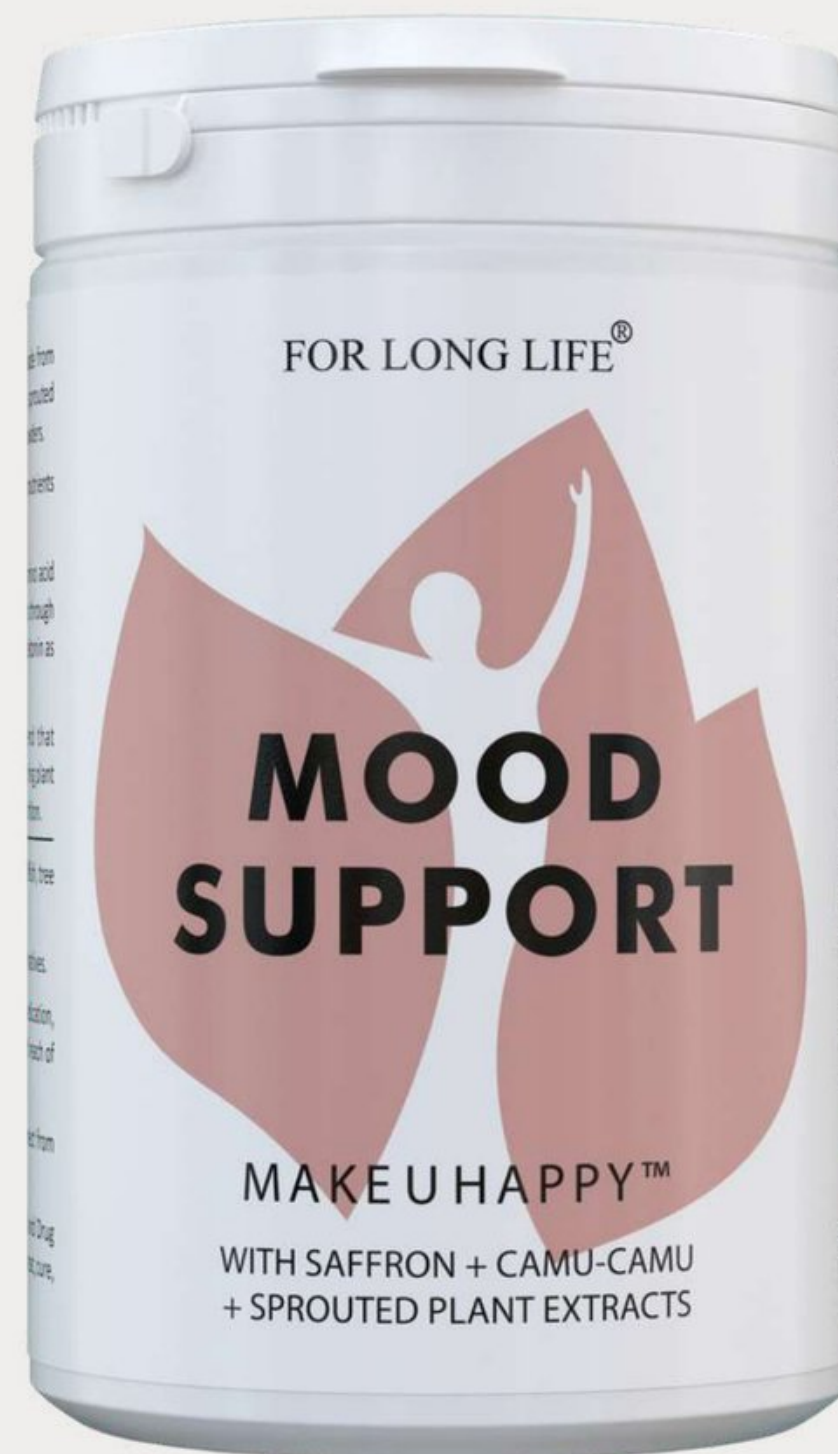
SUPPLEMENT FACTS

Serving Size: Once daily before breakfast.

Mix $\frac{2}{3}$ of the measuring spoon into water and take on an empty stomach.

Afterwards, drink another cup of clear water.

Content: 250 g (0.55 lb) / 30 days supply





SERRAPEPTASE

Proteolytic Enzyme – 500,000 SPU per Capsule

Serrapeptase has been used in medical practice in Asia for more than 25 years with remarkable results.

In Japan, it is officially recognized as a **treatment for atherosclerosis and coronary heart disease.**

This powerful proteolytic enzyme helps **reduce inflammation, pain, and swelling**, and supports the body's natural healing processes.

MAY SUPPORT:

- Migraine and headache relief
- Heart and vascular health
- Breast cysts and respiratory function
- Inflammatory conditions of various kinds
- Joint mobility and comfort (arthritis, rheumatoid arthritis)

SUPPLEMENT FACTS

Recommended intake: 1 capsule daily

Content: 60 vegan capsules / 60 days supply





CARPAGEL

Anti-Inflammatory Gel for Carpal Tunnel Syndrome

Also suitable for sports injuries, muscle
recovery & daily strain

CARPAGEL is a natural, broad-spectrum topical gel formulated with a unique combination of herbal extracts and essential oils. Its biologically active ingredients help **refresh and relieve muscles and joints, reduce swelling and bruising**, and accelerate regeneration of tissues affected by stress, overuse, or age. For symptoms of **carpal tunnel syndrome**, it offers effective non-surgical relief through improved microcirculation and tissue recovery.

CONTENT: 200 ml / 6.8 fl oz





POUNDLOSER

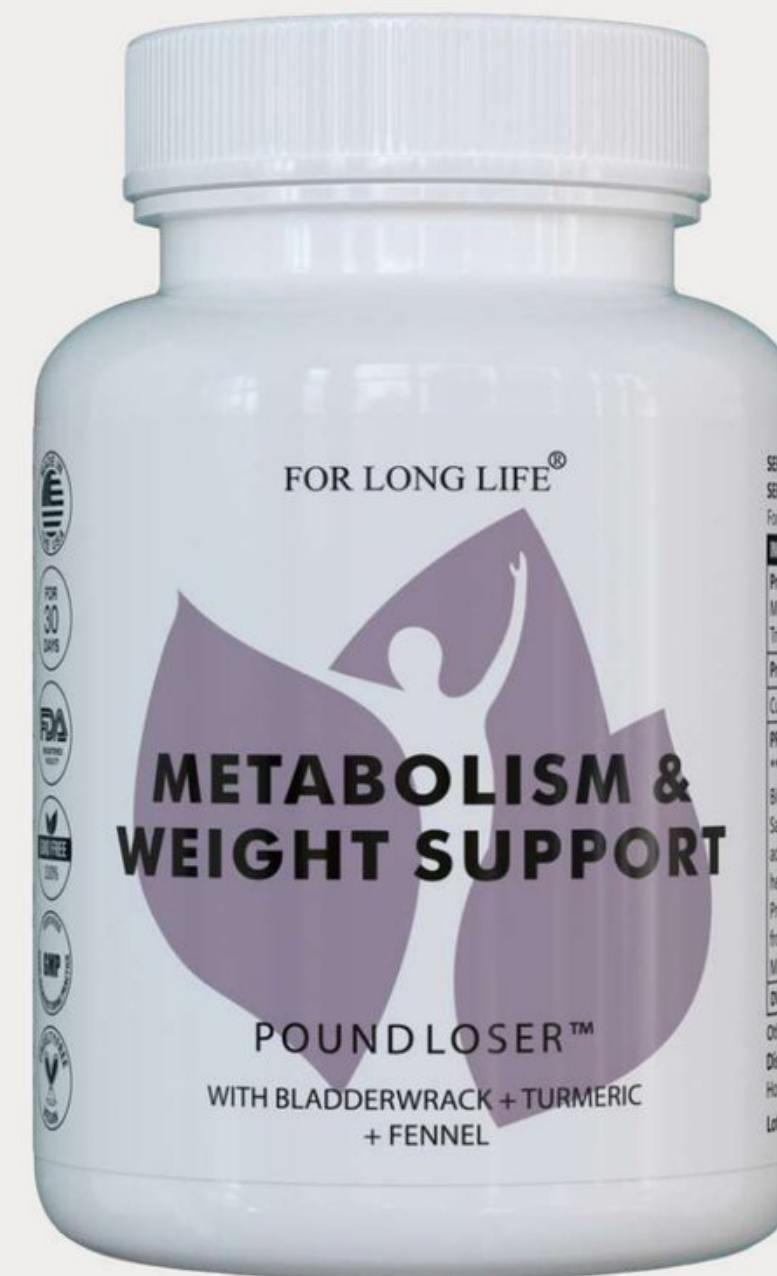
Weight Loss Support – Without the Yo-Yo Effect

The principle of sustainable weight loss lies in restoring the functionality and balance of the **intestinal microflora** for optimal absorption of micronutrients.

The active substances in POUNDLOSER help the body **reach and maintain a healthy weight naturally**, support the **reduction of body fat**, and alleviate the toxic burden that often accompanies modern lifestyles. When used consistently, POUNDLOSER may support a gradual weight reduction of 1–3 kg per month.

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 in the morning and 2 in the evening)
Content: 120 vegan capsules / 30 days supply





KOMBUCHA EXTRACT

Natural Detox and Liver Support

KOMBUCHA EXTRACT is a natural dietary supplement that effectively supports the **liver and blood detoxification** process by helping **remove toxins and metabolic waste**.

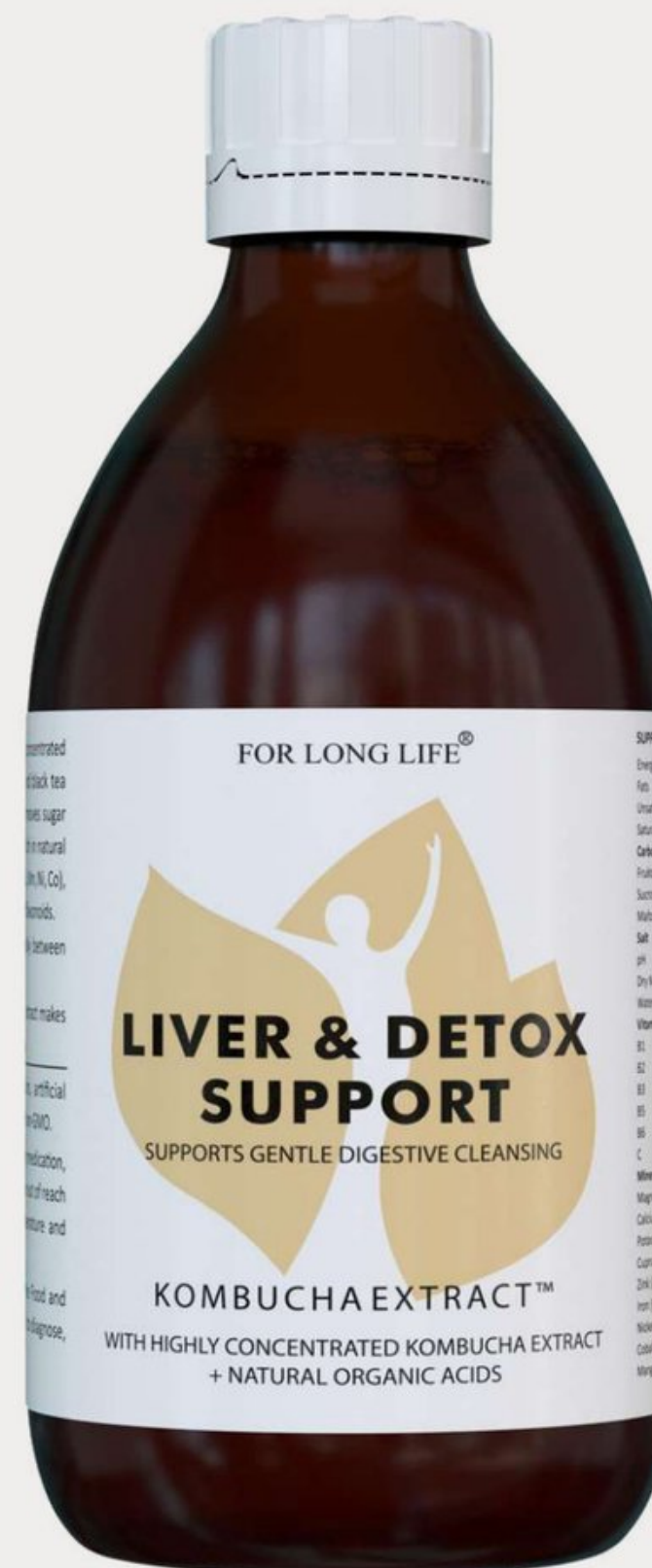
It contains a high concentration of **essential minerals** — Mg, Ca, K, Zn, Fe, Cu, Mn, Ni, Co — and vitamins B1, B2, B3, B5, B6, and C in natural form, along with a unique complex of organic acids, such as **gluconic and glucuronic acid**.

SUPPLEMENT FACTS

Serving Size: Mix 1 to 3 tablespoons in water, ideally between meals.
One tablespoon equals 250 ml (8.5 fl oz) of regular kombucha tea.

Servings per Container:

KOMBUCHA EXTRACT 50:1 — 300 ml (10 fl oz) of extract makes approximately 15 liters (500 fl oz) of kombucha tea.





PROVEOTICS

Vegan Probiotics with Micellar Prebiotics

PROVEOTICS contains **12 probiotic strains** with a total of **12 billion live vegan bacteria per serving**, combined with a **micellar prebiotic fiber** derived from medicinal mushrooms.

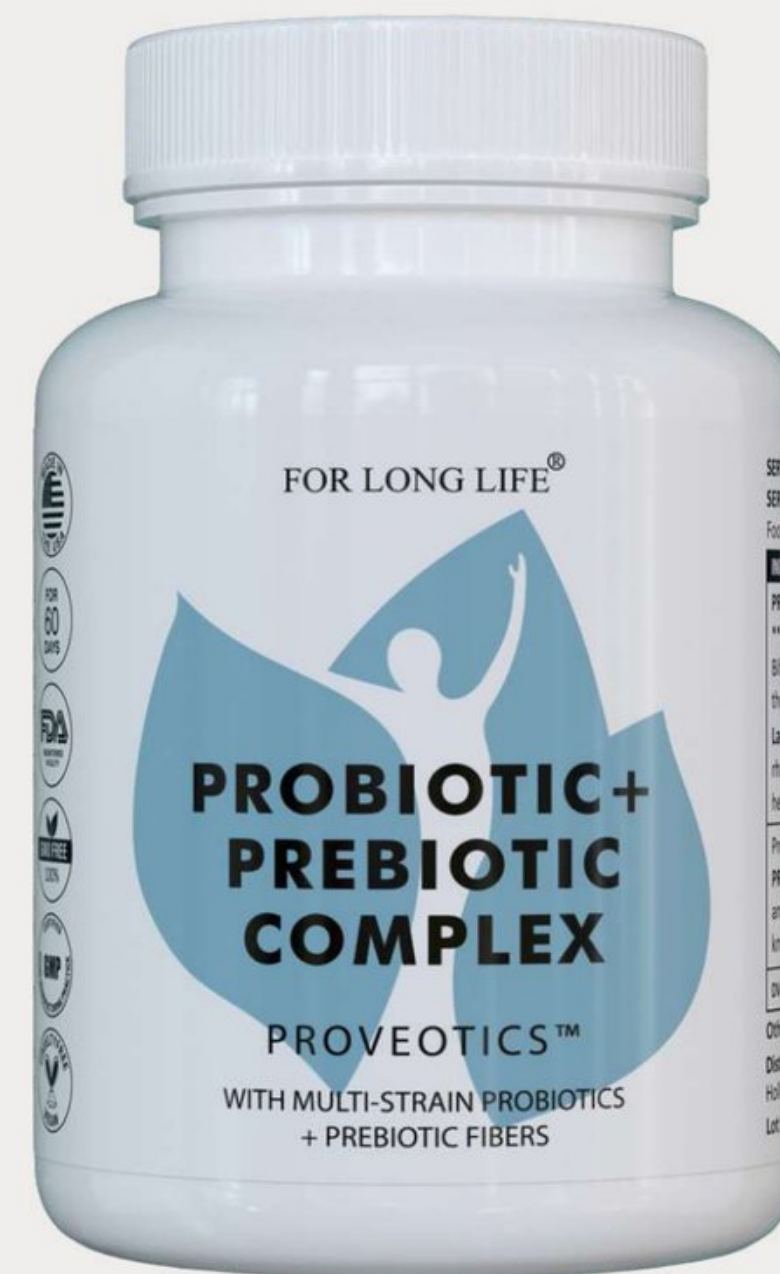
This advanced formula supports **optimal digestive balance, enhances nutrient absorption, and helps strengthen the immune system.**

The probiotics are cultivated on a pumpkin-based medium and are lyophilized, meaning they are shelf-stable and require no refrigeration.

SUPPLEMENT FACTS

Recommended intake: 2 × 1 capsule daily
(1 in the morning and 1 in the evening)

Content: 120 vegan capsules / 60 days supply





COLOFLUSH

Advanced Formulated Powder
Gentle Mechanical Cleansing of the Intestine

COLOFLUSH is made from 100% pure, food-grade diatomaceous earth, enriched with natural polysaccharides, fiber, and prebiotics to **support nutrient absorption and a balanced gut microbiome.**

It provides a gentle mechanical **intestinal cleanse**, helping **remove residues and toxins** while promoting daily digestive balance — a simple and natural solution for detox and gut health.

SUPPLEMENT FACTS

Serving Size: 1–2 teaspoons daily (approx. 3–6 g / 0.15–0.3 oz)

For best results, take before breakfast or at least 30 minutes before a meal. Stir 2 teaspoons (≈ 6 g / 0.3 oz) into 200 ml of water and drink immediately.

Follow with an additional 200–300 ml of water.

Servings per Container: 90





DIGESTIFF

Your Daily Digestive Enzymes

DIGESTIFF combines natural proteolytic enzymes and prebiotic fiber to support **efficient digestion and overall gut health**.

Bromelain (from pineapple) aids in **protein breakdown** and has **anti-inflammatory properties**.

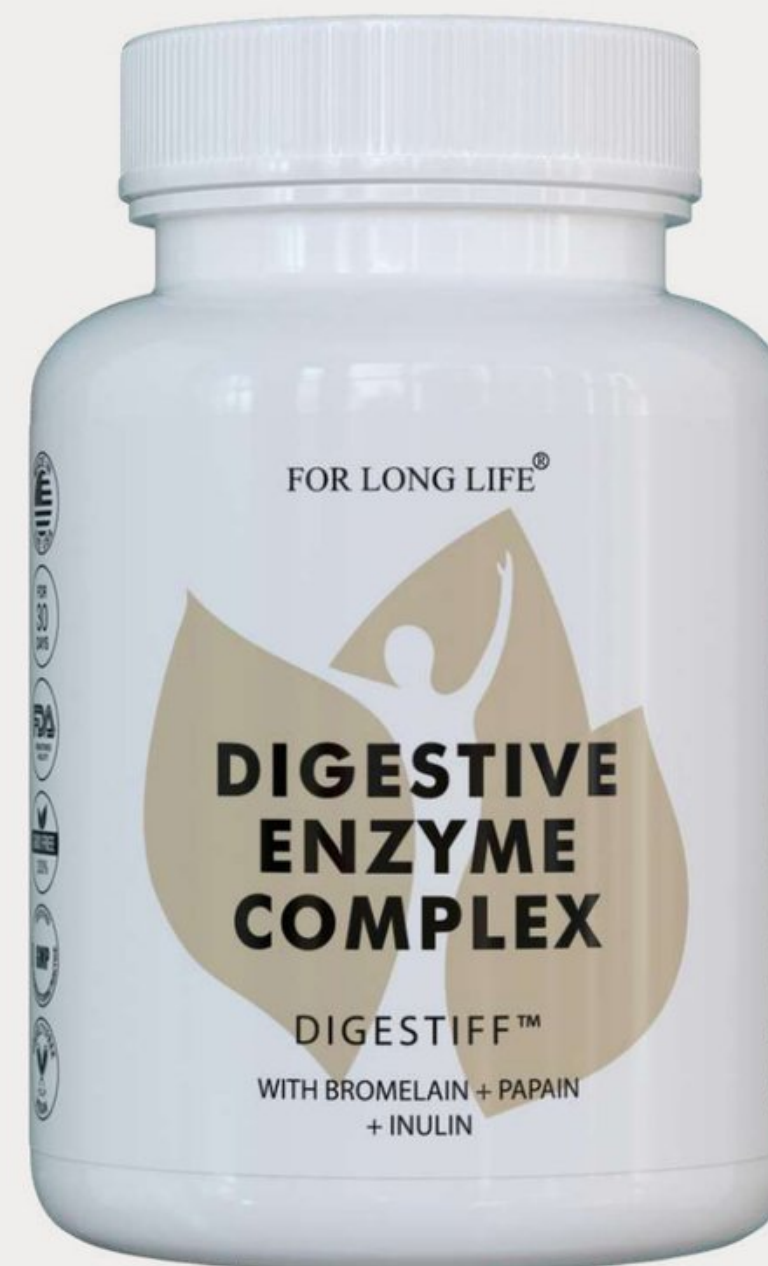
Papain (from papaya) promotes **healthy digestion and nutrient absorption**.

Inulin (from chicory root, artichoke, and asparagus) is a soluble prebiotic fiber that supports beneficial gut bacteria, helps **balance blood sugar**, and contributes to **weight management and heart health**.

SUPPLEMENT FACTS

Recommended intake: 2 × 1 capsule daily
(1 in the morning and 1 in the evening)

Content: 60 vegan capsules / 30 days supply





PELVICTOOL

Promoting the Proper Function of Women's Organs

PELVICTOOL is formulated to support the female reproductive and urinary systems, helping to **strengthen the pelvic floor** and promote **healthy tissue regeneration**.

POSSIBLE HEALTH EFFECTS

- Strengthens the pelvic floor muscles and may help with incontinence
 - Supports reconstruction of the urinary tract walls
 - Helps reduce frequent urination or intentional retention
- Promotes healthy blood microcirculation in affected areas

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 in the morning and 2 in the evening)
Content: 120 vegan capsules / 30 days supply





SUNSHINE D3

The New Generation of Natural Vitamin D

SUNSHINE D3 delivers **4,000 IU** of vitamin D3 (from lanolin) per spray in a patented FLLmicro emulsion for **rapid absorption** through the oral mucosa.

This unique form allows **immediate entry into the bloodstream** for a fast and lasting effect.

The **FLLmicro spray technology** provides **superior bioavailability** compared to traditional forms such as tablets, capsules, drops, or standard sprays without microemulsion.

Scientifically tested and proven, SUNSHINE D3 represents the next level of oral vitamin D supplementation.

SUPPLEMENT FACTS

Recommended intake: 1 spray twice daily

Content: 120-day supply





GARLIMAXX

A Whole Head of Garlic — in One Capsule

When a garlic clove is crushed or chopped, the enzyme alliinase activates and converts alliin into allicin, releasing its potent sulfur compounds.

Besides allicin, other **bioactive compounds** such as ajoene and thiosulfinates play an important role in **garlic's antimicrobial and anti-inflammatory properties**.

Traditionally used to **support immunity, respiratory health, and mucous membrane function**, garlic is now delivered in its most effective form.

Thanks to state-of-the-art extraction technology, GARLIMAXX provides the power of an entire garlic head in every daily dose — without odor or aftertaste.

SUPPLEMENT FACTS

Recommended intake: 2 × 1 capsule daily
(1 before breakfast and 1 before lunch)

Content: 60 vegan capsules / 30 days supply





POPE

Proteolytic Enzyme Complex

Incorporating enzyme-rich foods or supplements into your diet can help **reduce inflammation, support digestion**, and provide therapeutic benefits for overall health and vitality.

POPE delivers a comprehensive blend of 11 proteolytic and digestive enzymes, including amylase, lipase, protease, lactase, sucrase, maltase, trypsin, nattokinase, lumbrokinase, bromelain, and papain.

A daily serving of 3 capsules provides 1,200 mg of this synergistic enzyme complex, designed to **promote balanced digestion, healthy circulation, and cellular recovery.**

SUPPLEMENT FACTS

Recommended intake: 3 × 1 capsule daily
(1 before breakfast, 1 before lunch & 1 before dinner)

Content: 90 vegan capsules / 30 days supply





MITRACELL

37+ Minerals and Trace Elements for Cellular Balance

MITRACELL is made from a rare stone flour **rich in minerals and trace elements**, sourced from a unique stone formation in the Paraguayan jungle.

This inorganic nutrition method was discovered decades ago by local shamans, who recognized its power to **restore mineral balance** and support **natural cellular vitality**.

In today's fast-paced and stressful lifestyle, maintaining a balanced intake of essential minerals and trace elements is often difficult. MITRACELL helps replenish what modern diets may lack — **promoting energy, strength, and optimal cell function.**

SUPPLEMENT FACTS

Recommended intake: 1 capsule daily
(1 capsule per day with a meal)

Content: 60 vegan capsules / 60 days supply





SESN

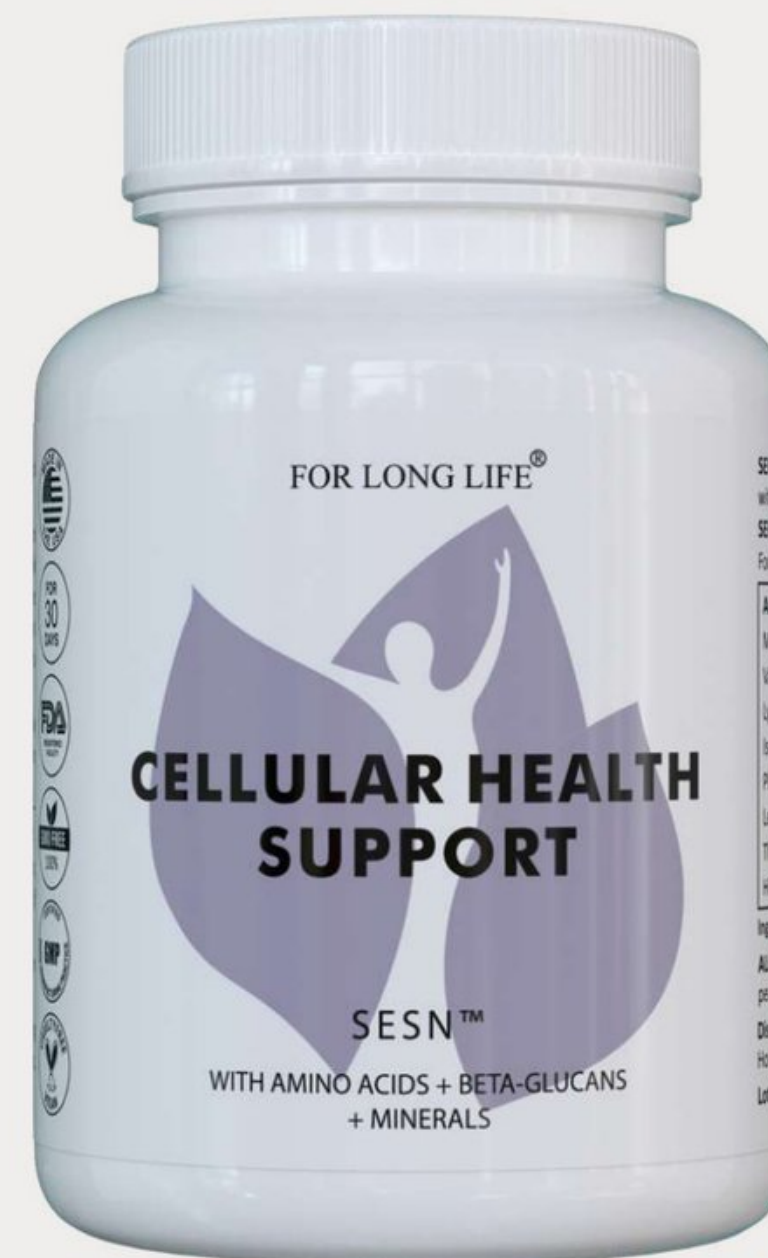
Cellular Resilience & Longevity Support

SESN is a next-generation epigenetic nutraceutical formulated to enhance **cellular defense, energy metabolism, and healthy aging**. Inspired by research on sestrin proteins, it combines amino acids, beta-glucans, nucleic acids, and trace minerals to support **oxidative stress protection and cellular renewal**.

This synergistic complex helps maintain immune balance, promotes tissue recovery, and supports cardiovascular and metabolic health — providing foundational nourishment for long-term vitality and resilience.

SUPPLEMENT FACTS

Recommended intake: 2 × 2 capsules daily
(2 in the morning and 2 in the evening)
Content: 120 vegan capsules / 30 days supply



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COLLAGEN TRIPEPTIDE

High Absorption Beauty & Joint Support

Collagen **Tripeptide** is a marine-derived supplement formulated with **highly bioavailable** collagen tripeptides designed for efficient absorption and daily use as part of a balanced lifestyle.

The formulation contains **low-molecular-weight** collagen peptides, allowing for rapid uptake and effective utilization by the body. These peptides support **skin** structure, **hair** quality, **connective tissue** integrity, and joint function.

Unlike conventional collagen products that require higher daily intake, collagen tripeptides are optimized for lower dosages with **enhanced bioavailability**. This makes them a highly efficient solution for modern supplementation.

As natural collagen levels decline with age, visible and structural changes occur.

Collagen Tripeptide helps restore this balance — supporting skin elasticity, hair strength, and overall vitality.

SUPPLEMENT FACTS

Recommended intake: 4 capsules daily

Content: 120 capsules / 30 days supply





FOLIFOOD – HAIR NUTRITION

Keratin-Building Aminos + Essential Minerals for Hair Vitality

FOLIFOOD is an advanced **hair and scalp nutrition supplement** formulated to support normal **hair growth**, follicle vitality, and overall scalp health from within. It delivers a targeted combination of **amino acids and essential minerals** involved in keratin formation and cellular renewal.

The formulation is designed to nourish hair follicles at the cellular level and support the body's natural regenerative processes that contribute to stronger, thicker, and **healthier-looking hair**.

In today's fast-paced lifestyle, nutritional deficiencies can negatively affect hair quality and growth. FOLIFOOD helps restore essential nutrients often lacking in modern diets — supporting hair strength, density, and long-term scalp health.

SUPPLEMENT FACTS

Recommended intake: 2 capsules daily
(1 before breakfast and 1 before lunch)

Content: 60 vegan capsules / 30 days supply





FOLIGROWTH – HAIR GROWTH SERUM

Follicle Activation & Scalp Microcirculation Support

FOLIGROWTH is a targeted **leave-on scalp serum** developed to support the hair follicle environment and enhance **scalp microcirculation** as part of a daily hair-care routine.

The formula combines botanical extracts, caffeine, niacinamide, and hydrating compounds to help maintain scalp vitality, improve hydration, and create optimal conditions for **healthy-looking hair growth**.

External stress factors, styling, and reduced circulation can weaken hair at the root.

FOLIGROWTH helps counteract these effects — supporting **stronger follicles**, improved scalp condition, and visibly fuller hair.

PRODUCT DETAILS

Recommended use: Apply one pump daily to scalp

Massage gently into affected areas

Content: 60 ml





FOLISAFE – SHAMPOO

Scalp Support & Gentle Hair Vitality Cleansing

FOLISAFE is a premium **sulfate-free shampoo** developed to gently cleanse the scalp while supporting **healthy-looking hair and scalp vitality** as part of a daily hair-care routine.

The formula combines Capilia Longa, caffeine, saw palmetto extract, panthenol, and botanical scalp-supporting ingredients to help **maintain scalp balance, support hair follicle activity, and create optimal conditions for stronger-looking hair.**

Environmental stressors, styling, and scalp imbalance can affect hair appearance and vitality. FOLISAFE helps support a **healthy scalp environment while cleansing** without stripping natural moisture — promoting scalp comfort, hydration, and visibly healthier-looking hair.

PRODUCT DETAILS

Recommended use: Apply to wet hair and scalp
Massage gently and leave for 1–2 minutes before rinsing
Suitable for daily use
Content: 200 ml





EXCLUSIVE AGENT FOR
MENA & CANADA

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